

Parent Newsletter Friday 22<sup>nd</sup> March 2024

Dear Parents/Carers,

I hope you're all well. At last we have been blessed with some warmer days, the sunshine has brought out lots of positivity this week!

If you follow our social media pages you will've seen the stunning photos from our Science trip to Geneva this week. It looks and sounds like the group are having an amazing experience. Apologies to those parents who drew the short straw and had to do the drop 3am drop off on Thursday morning!

Congratulations to our amazing Year 7 Netball Team who played out of their skins and beat Harrow Way 17-1! We are so proud of them!

On Wednesday we hosted a conference for all the HISP Head Teachers, Central and Executive Teams, Mrs Mckeown and I proudly toured our guests around. They all commented on the warmth and calm atmosphere across the school.



The final rehearsals are taking place for our School Production "She Stoops to Conquer", if you can come along, we'd welcome the support. Tickets are on sale (see flyer below). Good luck to the cast, I'm sure it will be hugely entertaining.

Our last day of term is Thursday 28th March 2024, we will be finishing at our normal time of 3:20pm. Have a good weekend when it arrives.

Warm wishes Nicky Goodridge

More about all the activities occurring in and out of lessons at Test Valley School can be found on our Facebook page: Test Valley School, Twitter Feed: @testvalleysch and Instagram Account: testvalleyofficial. Reshares and likes are always appreciated!

Jo McKeown Executive Headteacher j.mckeown@hispmat.org Nicky Goodridge Head of School goodridgen@testvalley.hants.sch.uk

Andrew Page Deputy Headteacher pagea@testvalley.hants.sch.uk Anna Collins Deputy Headteacher collinsa@testvalley.hants.sch.uk Cara Rees School Business Manager reesc@testvalley.hants.sch.uk

Emma Andrews SENDCO & Assistant Headteacher andrewse@testvalley.hants.sch.uk Please see our website for current vacancies: Test Valley School - Vacancies

### **Venue Hire**

Do you require a room for a meeting or sports event? School facilities are available to hire outside of the school day. Please email <u>leisure@testvalley.hants.sch.uk</u> for all enquiries.

**Forthcoming Dates** 

## w/c 25<sup>th</sup> March

### Week 2 Timetable

Year 9 Options – Deadline 28<sup>th</sup> March School Production – 27<sup>th</sup> & 28<sup>th</sup> March

### **Local Community Events**

St Peter's Stockbridge Flower Festival – 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> May If any pupils are interested in participating at this event please let the office know by 28<sup>th</sup> March emailing office@testvalley.hants.sch.uk

**Inspiring Future Teachers** 

Test Valley School - Are you interested in becoming a teacher?



### Hampshire Book Awards

### Hampshire Book Awards for 2024 have launched for Year 8

Students watched a video from the school library service to receive an understanding of the texts. Following an activity to create puzzles of the book covers.

We will be meeting every 2 weeks to discuss and pass on their books.

Tickets for the **School Drama Production on 27<sup>th</sup> and 28<sup>th</sup> March 2024** are available on ScoPay. Please come and support the students with their production. The PTA will be here with refreshments too!



## For Year 11 parents

**Year 11 GCSE Self Study Programmes** have been emailed to Year 11 and put in the Year 11 MS Teams site ready to keep the exam preparation momentum going.

Oliver	Levy-Clinkard	10CE
Freddie	Allsopp	10CE
Rosie	White	10PH
Tom	Hibberd	10CE
Megan	Ross	10CE
Elliot	White	10PH
Ruby	Court	11PX
Eleanor	Vessey	11PH
Esther	Mabaire	11PX
Keysha	Motlhabani	11PX
Hadya	Baqi	11GR
Kimberley	Turner	11GR
Jack	Freeman	11PH

## Top of the pops for Week of 18<sup>th</sup> March 2024

#### Year 9 – KS4 Options

Please remember to **complete your options form and return as soon as possible**, if you didn't come to the Year 9 Curriculum evening you can pick up your Options Form and information booklet from the School Office.

#### **Talking Futures Presentation**

Following the Year 9 Curriculum evening and presentation on **Talking Futures**, by Enterprise M3 Careers Hub, we kindly request that you complete the **Parent/Carers feedback form**, using this link <u>https://forms.office.com/e/0SmdKD3ZXD</u>. It is very short and all anonymous.

### **Sport/Physical Education**



Applicants should ideally be 176cm (f) or 188cm (m) tall or over **Rowing Taster Sessions** Finding the next generation of talent Southampton Coalporters Rowing Club Tuesday 2<sup>nd</sup> April from 10am

For more information or to apply, email ben.reed@britishrowing.org



## Southampton Coalporters Rowing Club

Rowing taster sessions Tuesday 2nd April from 10am Northam Road, Southampton, SO14 0QE The chance to experience rowing for yourself

- Free of charge
- No rowing experience necessary
- Applicants should ideally be over 176cm (f) or 188cm (m)
- See if you could be the next star for GB

For info or to apply, email ben.reed@britishrowing.org



# International RCO Organ Day Saturday 20th April As part of International Play The Organ Day, piano/keyboard players of all ages are invited to experience playing the organ at the following sessions: 10.00am - St Mary's, Longstock 11.00am - St Peter's, Stockbridge 12.00pm - St Mary's, Broughton 1.30pm - St Andrew's, Mottisfont 2.30pm - Romsey Abbey Please get in touch with Sarah at: sarah@seymourartandmusic.co.uk 07833 300504 to find our more and arrange a time to play.

### **College Information**

There is information on our website regarding forthcoming College open events, including dates and how to book a place.

Salisbury 6th Form College: Test Valley School - Salisbury 6th Form College

Peter Symonds College: Test Valley School - Peter Symonds College

Andover College: Test Valley School - Andover College

### Sparsholt College

Sparsholt College's next open event on Wednesday 1 May 2024 (Slots between 5.30pm – 7pm).

To attend, your students will need to register for the event **as soon as possible** by visiting <u>Experience Sparsholt - Sparsholt College Hampshire</u> as **our events do fill up quickly!** At this event students will have a tour of the subject area they are interested in at a specific time which they will book in advance.

Also, it is not too late to apply to Sparsholt College as applications are still open and students can apply by visiting the Sparsholt website or by using <u>How to Apply -</u> <u>Sparsholt College and University Centre Sparsholt</u>.



### **Routes in STEM**

We are excited to let you know that we are accepting applications for our **Southampton** Face to Face <u>Routes into STEM course</u> experience that will take place over the <u>May half term –  $28^{th} - 30th$ </u> May 2024.

# \*All we ask if that you pass the attached flyer on to your students in years 9 & 10 and their parents.

There are limited places available, so please encourage any interested students to apply as soon as possible.

\*\*Fully funded bursary places are available for eligible students e.g. Students who are in receipt of free school meals, pupil premium etc.



# **Future Events**



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Apprenticeships C



Enginuity Group



## Health & Wellbeing

# Are you aware of teenage brain development and how it impacts on behaviour?



# Understanding the Teenage Brain

"Every parent and teacher should hear this...." Mr Mead, Headteacher at Lytchett Minster School, Dorset

> Two-hour online talk **25th March 7-9pm** Book Now £24 facefamilyadvice.co.uk

# self-esteem underpins all that we do



# **Raising Self-Esteem**

Jane Keyworth gives a two-hour online talk

Tuesday 26th March 7-9pm Book Online £24 facefamilyadvice.co.uk <u>New Maudsley Training Course Dates (charliewaller.org)</u> <u>Supporting a child with an eating problem (charliewaller.org)</u>



### P.A.C.E. (Parent, Carer and Professionals Events)

- A free event to help families better understand the needs and
- difficulties that young people can
- face and how to manage potential issues/concerns they have about their young person.

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### 'Understanding and Supporting your child with Low Mood' workshop

Further to the successful pilot of our parent workshop: 'Understanding and Supporting your child with Low Mood' in September 2023, we are looking to roll this out further as part of our Whole School Approach offer. As a service we will be offering this workshop digitally once per term for any parents/carers who you feel may benefit.

The workshop will be mostly informative, with some optional opportunities for discussion, input and questions via the digital chat function. You will not need to have your video-camera or microphone on for the workshop. The workshop aims to upskill parents and carers to understand low mood and depression, the signs and symptoms of this in young people, and provide some simple skills and strategies for you to take away and use to support your young person who may be struggling with their mood.

Please see below the Zoom details to share with parents/carers who you feel may benefit from attending the workshop.

The workshop will take place as follows: Date: Tuesday April 2<sup>nd</sup> 2024 Time: 9am-10:30 am Duration: 1.5 hours Location: Zoom Webinar, details below: Mental Health Support Team SouthEast is inviting you to a scheduled Zoom meeting. Topic: Parent Low Mood Workshop Time: Apr 2, 2024 09:00 AM London Join Zoom Meeting https://spft-nhsuk.zoom.us/j/94454415114?pwd=ZjNDNVZmb1orVTdaS3ZZcTBJQWd3UT09

Meeting ID: 944 5441 5114 Passcode: 790525

## Raring2go

The go-to guide for you and your child



raring2go.co.uk

SPRING 2024

#### Prom Outfit Event - Unit 12 Community Clothes Pantry, Winchester

Please forward to anyone that may find this useful. We hope to make sure all students are able to go to Prom looking and feeling great, regardless of their financial situation.

### Friday April 5<sup>th</sup> 2pm – 4pm

Unit 12

Winnall Valley Road

Winchester

SO23 0LD

Come along and borrow a dress, a suit and accessories. We have over 100 outfits and our collection keeps growing!

#### Free of Charge!

If you have any questions please contact me on this email or Lara the Community Clothes Pantry Manager on <a href="https://ccemunit-12.com">ccp@unit-12.com</a>.



### **Recipe of the Week**



# CARIBBEAN CURRY

recipe

l n g r e d i e n t s lcm piece fresh ginger l small onion l small can pineapple chunks in juice l tin of chickpeas or kidney beans l x 5ml spoon mild chilli powder l x 5ml spoon mild curry powder

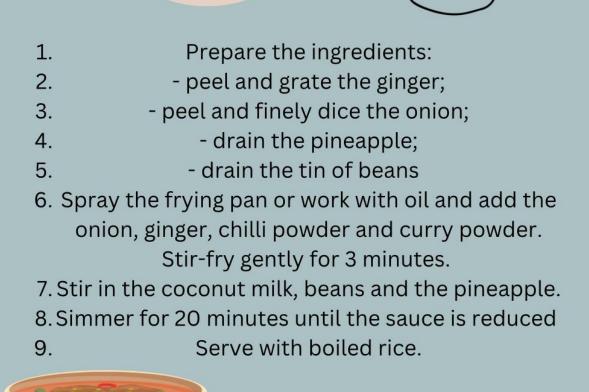
400ml light coconut milk

Equipment

The

Bag

0



### **Pupil Anonymous Reporting Function**



#### At Test Valley we are committed to building an engaging inclusive environment where success and excellence is experienced by all. We will achieve this by ensuring:

## **KINDNESS**

We always show care, respect and consideration for each other. Test Valley is a warm, welcoming and safe place for all.

## RESILIENCE

Weshow courage by not giving in, challenging ourselves, stepping out of our comfort zones and not fearing failure.



# EXCELLENCE

We are relentlessly determined to strive for the best in all we do; developing excellent learning habits which help us to grow.

# **EMPOWERMENT**

We help pupils to evolve into happy, independent, knowledge rich citizens who have the skills to make a real difference in our ever changing world.

In pursuit of personal excellence you must dream big work hard and make it happen.

Part of HISP Multi Academy Trust