

You know when your child says, "I wish I was never born" or "I'm so stupid!" or "Nobody loves me"

...and you aren't sure how to respond? 😞

As a parent, you want nothing more than to see your child grow up to be **confident, happy, and successful.**

However, with the increasing pressure to fit in and succeed in today's fast-paced world, children are **more likely** to struggle with negative self-talk and self-doubt, leading to low self-esteem and a lack of confidence.

That's why I'm excited to share with you our expert-led masterclass, **Transform Your Child's Negative Self-Talk Into Self-Love.**

This masterclass will provide you with the **tools** and **strategies** to empower your child's inner voice and help them thrive.

And for 3 days only, you can [save 35% on your lifetime access.](#)

SAVE 35% ON LIFETIME ACCESS

Transform Your Child's Negative Self-Talk Into Self-Love

MASTERCLASS FOR PARENTS AND PROVIDERS



ENROLL NOW + SAVE 35%

This offer doesn't apply to past purchases. The discount will be applied automatically at checkout. Offer valid until Thursday, May 11th at 11:59 pm PST.

Inside this masterclass, you will learn:

- ★ How to respond when you hear your child's negative self-talk (specific **talking points** for different situations)
 - ★ How to avoid common shaming phrases that **damage your child's self-esteem**
 - ★ 4-step formula for responding to your child when they **misbehave**
 - ★ Critical long-term strategies for **growing your child's confidence**
- [Click here to enroll + get lifetime access + SAVE 35 %](#) (this opportunity is valid for 3 days only).

I'm here if you have any questions.

Warmly,

Alexandra

Founder, Big Life Journal

