



**Sport
In Mind**



FREE!

Sport & Games - for Youth Mental Wellbeing



Attendee sign up

Time

Wednesdays 3.30-5PM (Ages 11-13)

12 week term-time programme starts 5th October!

Venue

Andover Leisure Centre, West Street, Andover
SP10 1QP

Description

These sessions are free, fun and interactive opportunities for children and young people that are experiencing mental health challenges.

This group is provided **FREE** by mental health charity Sport In Mind for the benefit of local young people. Any questions email youth@sportinmind.org



@sportinmind



info@sportinmind.org



www.sportinmind.org



01189479762

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