

Parent Newsletter

Friday 28 April 2023

Dear Parents/Carers

I hope you're all well and looking forward to the bank holiday weekend.

The second week of term has flown by, it's been a busy week but a positive and productive one! On Tuesday evening we welcomed our Year 6 children joining us in September, along with their parents and carers. We were overwhelmed by the fantastic turn out and the hall was full. It was lovely to meet the children and see so many excited faces as they embark on their transition journey. We have planned several exciting events over the next term to ensure we get to know the children well before they join us. If your child wishes to support the new Year 7s in September, they will have the opportunity to become a 'Transition Buddy'. Mr Thomas will be advertising these roles very soon.

Year 11 experienced their first 'walking talking' Science mock on Tuesday, they fully engaged and found it to be a valuable experience in preparation for their fast-approaching GCSEs. They will also be experiencing subsequent 'walking talking' mocks in English and Maths.

On Wednesday the Year 10 students running for Head Prefect were tasked with a public speaking challenge: (Harry G, Sam J, Jack F, Holly W, Sarah B and Keysha M). Each candidate had to deliver a speech to a hall packed full of KS3 students, a daunting task but one they all executed brilliantly. I'd like to congratulate the students for being so brave, whatever the outcome, we are very proud of you and wish you luck for the final stages of the election process. Interviews will take place shortly.



I'd like to take this opportunity to thank parents who have kindly donated to our breakfast club, the students are making the most of the complimentary food and drinks before they start their day of studying. I'm excited to report that we now have new tables in the hall for students to use at breakfast, break and lunch. We are introducing fun activities in the hall during second break, Mr Langdown will be our resident Bingo caller on a Friday, cards are free of charge for anyone who wishes to play. In addition, we have basketball on the courts and sportshall and football on the field.



Next week we will be holding assemblies to mark the King's Coronation and revisiting 'Fundamental British Values'. To mark the occasion, we will be running student bake offs next Friday morning. We would love our students to make some cakes at home to bring in to school on Friday, contributions from parents would also be gratefully received. Staff will be baking too. The Cakes will then be on offer to all students free of charge during afternoon break in the hall. If you can contribute and are able to make your own cakes, please can you clearly label the ingredients used as we have students with nut allergies, can I ask that nuts aren't used.



I wish you all a lovely long weekend, let's hope the sun shines for us all. Due to the Industrial Action on Tuesday, only Year 11 will be in school. We look forward to welcoming everyone back in on Wednesday 3rd May.

Kind regards

Nicky Goodridge

Forthcoming Dates:

- Monday 1 May – Bank Holiday, School closed
- Tuesday 2 May – Industrial Action – School closed to all except yr 11
- Monday 8 May – Coronation Bank Holiday – School closed
- 9-12 May – Year 10 Core Exams
- Tuesday 9 & Thursday 11 May – MFL Speaking Exams
- Monday 15 May – GCSE Exams Commence
- Wednesday 24 May – Imperial War Museum Visit – Yr 9
- Monday 29 May – Friday 2 June – Half Term Break

More about all the activities occurring in and out of lessons at Test Valley School can be found on our Facebook page, Twitter Feed and Instagram Account. Reshares and likes are always appreciated!

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Vacancies

Please see our website for current vacancies: [Test Valley School - Vacancies](#)

Venue Hire

Do you require a room for a meeting or sports event? School facilities are available to hire outside of the school day. Please email leisure@testvalley.hants.sch.uk for all enquiries.

Remaining INSET Day

Friday 23 June

KS3 and KS4

Shoutouts to our top  points earners

Year 7	Year 8	Year 9	Year 10	Year 11
Grace R	Livvy S	Oliver LC	Sam J	Ruby A
Ted J	Evie H	Zack SJ	Harry G	Hetty G
Fay R	Leo B	Lisia LCN	Avner C	Ruby R
Rosie C	Julita C	Evie K	Kimberley T	Megan M
Ethan E	Leon D	Bethany H	Liam N	Isabella T
Kathryn V				
Liqi L				

Art

Some examples of year 9 artwork.



Class of 2023 School Prom

To celebrate their time at Test Valley School, we are going to hold a leavers' prom within the school grounds for the Class of 2023 on **Friday 23rd June from 6pm to 10pm**. A letter has been sent to all parents/carers please complete the form and return to pupil services by **Friday, 12th May 2023**

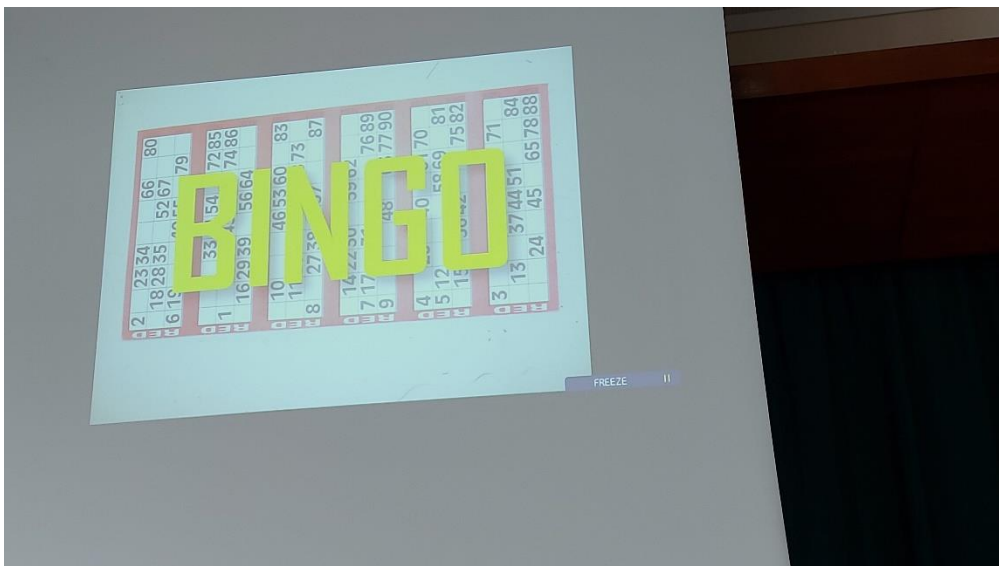
Pupil Anonymous Reporting Function

Have a concern about you or
someone else?



Bingo Friday!

Friday Bingo has begun! Chocolate bars for the winners of a line and a full house.





Year 9 Duke of Edinburgh's Award Launch

[Test Valley School - Duke of Edinburgh's Awards](#)

GCSE Summer Exam Timetable

Please use the below link to access timetable information for the summer GCSE exams

[Test Valley School – Yr 11 Exam Information](#)

Year 11 Exam Preparation Workshops

[Test Valley School - Yr 11 Exam Information](#)

Details of workshops running during breaks and afterschool are detailed below and on our website.

Year 11 Summer GCSE Exam Preparation Workshops 2023

Subject	Day	Times	Notes
English	Wednesdays	3.20-4.20pm	This will be English Language focus to begin with (as studying literature in class). We will publish which question we are focusing on each week on the bulletin, and a reminder in the parent newsletter
Maths	Mondays	3.20-4.20pm	Foundation in Rm4, Higher in Rm 3. Whilst pupils will be invited to specific sessions, all may come if they wish.
Science	Monday lunchtimes, Thursday after school	12:45 - 1:15pm and 3:20 - 4:00pm	Booster sessions will be run 2 x per week (1 lunch and 1 after school) Details of what will be covered and preparatory materials for each session will be posted on Class charts and teams. All pupils are invited but may only attend if they have completed the prep work as sessions will be run as clinics to address gaps/misconceptions identified by the pupils.
French	Thursdays	3.30-4:30	Pupils will be invited to specific sessions.
German	Thursdays	3.30-4.30	Pupils will be invited to specific sessions.
Food & Nutrition	Wednesdays	lunch	Exam revision, coursework catch-up but written only in room 32.
Physical Education	Friday	3:20 - 4:00pm	All pupils are encouraged to attend. They will be given the opportunity to revisit previous work and exam questions.

Please ensure pupils check with staff before attending workshops due to unforeseen situations such as absences or meetings.

College Open Events

[Test Valley School - College Open Events 2022-23](#)

Please see our website for the latest information on College open events with information on how to book a place.

Andover College

Registrations are now open for the next open event on **Wednesday 10 May 2023, 4.30pm – 7.30pm**

To attend, students will need to register for the event **as soon as possible** by visiting [Open Events – Andover College | Hampshire](#) **as the events do fill up quickly!**

Also, for year 11s it is not too late to apply to Andover College as applications are still open and students can apply by visiting the Andover College website or by using [Apply – Full Time and Part Time courses – Andover College | Hampshire](#).

SETA Engineering Apprenticeships

[Test Valley School – SETA Engineering Apprenticeships](#)

John Deere Apprenticeship Programme

Open Days 3 & 4 May, please see our website for lots more information: [Test Valley School - John Deere Apprenticeship Programme](#)

Resist Perfectionism

Resist perfectionism

Getting ready for exams can be overwhelming, and you will always be your worst critic during your preparation. It is important to remember that not everything needs to be perfect during this period, and trying to achieve perfection can impact how you feel. Spend a few moments each day to reflect on how things are going:

What are my roadblocks?


- "I'm scared of stopping after only one hour of revising. I need to work harder".


Practice self-talk?

- "Short-term, a break might make me feel anxious, but in the long-term, I will feel better".


What I can do next?

- "I'll stop after one hour. Talk to my best friend. Then go again".






What are my roadblocks?



Practice self-talk?



What I can do next?

Kooth Stress Support

Exploring Stress for Yr 7-9s

<https://www.eventbrite.co.uk/e/kooth-exploring-stress-webinar-for-year-7-9-students-tickets-559627740637>

Exam Stress support for Yr 10- 13s

<https://www.eventbrite.co.uk/e/kooth-exam-stress-webinar-for-year-10-13-students-tickets-559646165747>

Managing Child Anxiety Webinars



Managing Your Childs Anxiety

An online webinar for parents and carers

Option of 2 sessions:

Monday 22nd May 9:30 am

OR

Monday 22nd May 4pm

**MENTAL HEALTH
SUPPORT TEAMS**

Topics Covered

- What is anxiety?
- When & why does anxiety become a problem?
- Anxiety disorders
- Causes of anxiety
- Maintenance of anxiety
- How to help your child
- Helpful resources
- Time for questions

Who Can Attend

Parents or carers of a child who may want information on how to support their child with worries and anxiety.

What To Expect

The webinar will last for approximately one hour and will be delivered by experienced mental health practitioners from your schools Mental Health Support Team. They will talk through the above topics and give strategies on how to support children who may be having difficulties with managing worry and anxiety.

The webinar will be via Zoom and the link will be sent out by your child's school.

To register your interest, please contact your child's schools Mental Health or Pastoral Lead



**MENTAL HEALTH
SUPPORT TEAMS**

These resources are provided with support from Hampshire Council for Children's Mental Health

hampshireschools.nhs.uk

Monday 22nd May 9:30am

<https://spft-nhs-uk.zoom.us/j/95804055638?pwd=d3ZpTmhsUmRwVlxqazJqL0xqMTI3Zz09>

Monday 22nd May 4pm:

<https://spft-nhs-uk.zoom.us/j/99247538309?pwd=RTBZUU9jZ1BzZU9KcUlrQ3JLWWR4QT09>



Free* Paediatric First Aid courses this Summer term!

To book type in the link: <https://shop.hants.gov.uk/collections/library-courses>



Location	Dates (attendance required on both dates)	Time
Andover Library	19 and 26 April	10am – 4pm
Alton Library	27 April and 4 May	9:45am – 4:15pm
Basingstoke Discovery Centre	10 and 17 May	9:45am – 4:15pm
Bramley Village Hall	15 and 22 May	9:30am – 4pm
Lymington Library	15 and 22 May	10am – 4pm
Lockwood Community Centre	30 May and 1 June	9:30am – 4pm
Havant Library	5 and 12 June	9:45am – 4:15pm
Bordon Library	7 and 14 June	9:45am – 4:15pm
Bridgemary Library	16 and 23 June	9:45 am – 2:45pm

*Free tuition, optional certification available at a cost on some courses, to be discussed with tutor

These courses are aimed at Hampshire residents aged 19+ Attendance is expected at each session to ensure that you get the most out of your learning experience and to minimise disruption for other learners. Please advise the venue/tutor of any absence you may have. Unfortunately, we are unable to allow children to attend.



www.hants.gov.uk/library



www.hants.gov.uk

Ethos, Values and Vision

Ethos – (characteristic spirit of a community):
“In Pursuit of **Personal** Excellence”

Values

- Readiness to learn
- Respect for self and others
- Individual responsibility
- Determination and Ambition
- Enjoyment through belonging

Vision – To develop Test Valley as a small, rural, high achieving school