

## PE Lessons

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### Kit Requirements and Procedures

September 2014

Dear Parent

The majority of our pupils always arrive for PE lessons with their correct PE kit and this is to be commended, however when a pupil does not it can interrupt the start of the lesson and disrupt the learning of all pupils whilst the teacher follows this up. The information below is intended to answer some regularly asked questions and help your child arrive for their PE lesson ready to learn.

### How does my child know what activity they are doing?

They can look at the curriculum plans which are on display in every changing room and at the front of the Sports Hall or they can find it on Moodle within:

*Subjects - Physical Education - KS 3 - Programmes of study.*

### What kit does my child require?

The full kit requirements are outlined in the school prospectus and on the school's website within: *Curriculum – PE - PE Department Policy Document*. Please ensure that all kit is named in a way that will not fade.

**Football:** the school's reversible football / rugby shirt, navy shorts, navy socks, shin pads, hair band (if required), football / rugby boots.

**Rugby:** the school's reversible football / rugby shirt, navy shorts, navy socks, hair band (if required), football / rugby boots, gum shield (highly recommended).

**Netball, Basketball, Dance, OAA, Fitness, Gymnastics, Athletics, Rounders, Striking & Fielding, Cricket** all require: the school's navy polo shirt, navy shorts, trainers, hair band (if required).

**Swimming:** swimsuit, towel, goggles (recommended). T-shirts and shorts may be worn over the swimsuit if the pupil prefers. The pupil must also bring the school's navy polo shirt, navy shorts and trainers in case the pool is not open.

**Options:** your child will be advised what kit they require before selecting their options.

**Recommended Extras:** extra layers to wear under their school PE shirt to stay warm, a towel and a change of underwear for outside lessons.

## **What do I do if my child has a problem with their kit?**

If a child has a problem with their kit please send a note in with them and we will lend them the required items where possible. If kit has been lost then the pupil needs to check around school and with Pupil Services where named kit will be handed in. Your child will not receive a sanction if they bring a note.

## **What happens if my child does not bring all of their kit or a note of explanation?**

If your child forgets to bring any item of their kit or a note from a parent explaining why they have not brought their kit they will receive a ten minutes break or lunch time detention as per school policy.

If they continue to forget their kit the length of detention will increase and they will be placed on departmental report.

## **What do I do if my child is injured or ill?**

We expect all pupils to get changed if they are physically able to do so. This allows them to participate in the lesson by taking part in the areas that they are able to or by coaching and officiating. This means that their learning continues and that they are less likely to be as far behind when they are able to fully recommence their participation.

If their injury or health means they are unable to take part as outlined above parents are requested to send in a note outlining the reasons for this and attaching their doctor/hospital's recommendations for them regarding any physical activity.

If the weather is poor and your child is outside they should wear suitable clothing for the weather i.e. a water proof jacket, track suit trousers etc.

If you have any further questions please feel free to contact myself or any of the PE Department.

Kind regards,

Mr C. Falkingham  
Head of Physical Education & Associate Member of Senior Team