

23<sup>rd</sup> September 2020

Dear Parent / Carer,

As a Physical Education department in these testing time we are doing our best to keep your child safe but also give them the opportunity to let off steam and improve their mental and physical health. We are currently constrained by what we are able to offer and the practicalities of the time restraints from limiting the number of pupils in changing rooms. **As such, from Monday 28<sup>th</sup> September we would like pupils to come to school in their PE kit on the days that they have PE but also bring their full school uniform to change into after the lesson to avoid wet, sweaty or dirty clothes being worn for the rest of the day.** This will increase the amount of time we have for practical activities and reduce the amount of time spent in changing rooms.

One of the constraints at present is that we cannot lend kit to any pupils, so please do ensure that your child has their kit on their PE day. On the first occasion a pupil arrives without kit or an explanatory note they will not receive a stamp for that lesson and will be asked to go with their group and complete gentle exercise such as walking. On the second occasion they will not get their stamp but will also be issued a 30 minute after school department detention.

We are currently completing PE lessons outside and will do so until at least the October half-term. Please make sure that your child has warm clothing to wear underneath their PE kit. They may wear black or navy leggings underneath their shorts and navy or black base layers or t-shirts under their Test Valley T-shirt. We also ask that if your child has football boots that they bring them as well as trainers so, if they are on the field when it is wet, they can get more grip. This is not compulsory but will prevent trainers from becoming muddy and unusable when we are working on the play courts.

Finally, please could you encourage your children not to bring any valuables in on PE days. Valuable items which are brought to school are at the owners own risk.

Please feel free to contact me if you have any questions and thank you for your ongoing support.

Kind regards,



Mr Falkingham  
Subject Leader of Physical Education