

18 March 2021

Dear Parents, Carers and Pupils,

Friday 26th March is Epilepsy Awareness Day, a day when the Epilepsy Society ask people to wear something purple. This is a worldwide effort to raise awareness for those who are affected by epilepsy. Test Valley School would like to support this day as we are aware of both current and past pupils who are, and have been, affected by epilepsy.

Epilepsy is defined as a neurological disorder marked by sudden recurrent episodes of sensory disturbance, loss of consciousness, or convulsions, associated with abnormal electrical activity in the brain.

To help raise awareness for epilepsy, we're asking pupils to wear something purple alongside their school uniform, for example a purple hair scrunchie, purple socks or purple mask. **Please note, this is not a non-uniform day.** There will also be an informative session for all pupils during tutor time to help them understand the complexities of the condition.

We would also like to ensure that the Epilepsy Society is able to continue to carry out it's important research and support, and whilst we're not asking for a fixed contribution, we are asking for donations to support this worthy cause. These can be handed to your child's tutor during PM registration on the day.

It has been wonderful to see our pupils back in school again and we wish you a lovely weekend.

Kind Regards,

Charities Committee