

17<sup>th</sup> November 2021

**Partners in learning event 1<sup>st</sup> December 2021**

**6:00 – 8:00 PM**

Dear Parent/Carer

We would like to invite you to join us for a Partners in Learning evening. This is dedicated to providing you with insights, information and ideas around Mental Health that will enable you to better support and encourage your child in the challenging and exciting time that lies ahead of them.

**The evening will commence with light refreshments in the Main School Hall from 5:45pm.** An introduction in the Main Hall for all parents will begin at **6:00pm**. This will be followed by a talk and interactive session about the Relationships and Sex Education provision, with three activities, including questions around our RSE policy.

There will then be a choice seminar for you to attend focusing on Mental Health of young people. There will be the opportunity for parents to attend two out of the four sessions below before the evening concludes at 8.00pm:

- **National Autistic Society:** Providing a general look into understanding autism.
- **Yellow Brick Road Projects:** An insight into the workings of the teenage brain.
- **No Limits:** A basic overview of gender and sexual identity and how to support young people.
- **Davina Nicholson (Counsellor):** Self-care

There will also be several stalls around the Hall with information around a wide range of issues affecting young people for you to peruse.

I hope you will be able to join us and we look forward to meeting you for this important evening. Please note that this is an event for parents only. Should you have any queries about this evening, or your child's on-going needs, please do not hesitate to contact either of us.

Please complete the online form (link below) to indicate which sessions you would like to attend by Thursday 25<sup>th</sup> November.

<https://forms.office.com/r/fPNGUZii1h>



Yours sincerely,



Mrs N Osborne  
Head of Key Stage 3

Mrs J Whitehead  
Mental Health & Well Being Lead

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